



Ariadni A.M.K.E. – Εκπαίδευση – Ενδυνάμωση – Περιβάλλον

Education – Empowerment - Environment

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Ariadni A.M.K.E *Ariadni Lesvos*



2023 ARIADNI - Annual Activity Report

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History – Hoffnung leben e.V. and Ariadni Lesvos

For a better understanding, we briefly describe the origins and history of the organization **Ariadni Lesvos**, which emerged from the German organization **Hoffnung leben**.

Ursula Zednicek, the founder of both organizations, has been visiting the island of Lesvos privately since 2006. Immediately after the first visit, a special fascination and connection became apparent, which motivated her to spend at least all her holidays and overtime on the island until she retired.

Ursula Zednicek is intensively involved with the country and its people, history and culture, which deepened the spontaneous feeling of connection.

In **2015**, Ursula Zednicek immediately became active during her stays in June and August/September and found increasing and strong support in her private environment. Friends living on Lesvos took over during the times she was in Germany.

In 2015, the expectation was that the situation would end after a few months and not continue until today. No one could have imagined how bad and long-lasting it would be.

In **2019**, the German association 'Hoffnung leben' was founded to better meet the need for first aid on Lesvos. Since it was clear during the founding phase that the flow of refugees would not end, the statutes were deliberately designed to enable sustainable help with the intention of creating future-oriented opportunities for encounters between locals and refugees. To overcome reservations and find common ground. So that the future can be shaped together. On Lesvos, but also with corresponding activities in Germany.



Hoffnung leben should be active both in Germany and on Lesvos.

In **2020**, Corona came and prevented the establishment of contacts and good networking in **Germany** and as a result, first events and activities were not possible.

Contacts, networks, activities and premises were already available on **Lesvos**. Need and demand were very high. Of course, activities on Lesvos also had to adapt to the Corona regulations, but more was always possible on the island than in Germany. This meant that **Hoffnung leben** / Ursula Zednicek was mainly active on Lesvos.

In the years 2016 - 2020, the political and social situation in the EU and on the overburdened island of Lesvos changed drastically. Xenophobia and, on Lesvos, reservations about foreign organizations increased noticeably. In Greece, a regulation was introduced that foreign associations had to obtain Greek registration. In fact, this was no longer feasible in the heated atmosphere of 2020 and beyond.

Hoffnung leben continued to work on Lesvos during the Corona period.



The search for suitable cooperation partners on Lesvos was unsuccessful. That is why **the Greek association Ariadni Lesvos** was founded **in 2022**. The same goals, largely the same statutes, non-profit status and the acceptance of donation receipts by the German tax office enable the strong connection with **Hoffnung leben**. As a small association, **Hoffnung leben** has no employees. All work is done exclusively on a voluntary basis; administrative costs were approximately 2.5% in 2023.

www.hoffnung-leben-ev.org

www.instagram.com/hoffnunglebens/

www.facebook.com/hoffnungleben-ev

Ariadni Lesvos pursues common goals, but is an **independent Greek association** .

Ariadni Lesvos – Goals

Ariadni Lesvos has been operating as a **Greek organization** since **March 1, 2022**.

The **promotion of mental, emotional and physical health as well as personal and community strength and resilience** is the most important guideline (**MHPSS** – mental health, psycho-social support).

Our activities aim to help children and adults in the camp escape from their mental and social malnutrition and their forced and perceived uselessness. Regardless of their age, many suffer to a greater or lesser extent from 'boreout', depression, self-aggression and trauma caused by fleeing and being in camps.

Our offers are aimed primarily at **refugee women and children**, but also at locals and island guests. People from all backgrounds are given the opportunity to get to know each other through shared experiences and learning. In doing so, they can overcome reservations and discover similarities, complementarities and enrichments.

The **reduction of the global causes of flight** (environment, climate, wars, poverty, dictatorships) is taken into account wherever and however possible.

The 17 **UN Sustainable Development Goals (SDGs)** are a good guide for us.

We believe that climate change, poverty, declining democracy and the other big issues of our time should bring people together, no matter where they come from. This is a key to finding and implementing solutions to the challenges of our time.

A **team** of three from Afghanistan and Greece ensures a safe and reliable framework that offers support and orientation. Ursula Zednick, founder and managing director, works exclusively on a voluntary basis.

A few carefully selected volunteers from different countries complement the team.

These are good conditions to promote holistic health in the sense of the WHO, to provide education and to develop personal and collective resilience on a mental and psychological level in order to see challenges as shared and to find and implement solutions together.

For each other – With each other – Shaping the future together



We have been working in the current, cost-effective premises since October 1, 2022. With its private, quiet and relaxing atmosphere, the **Ariadni House** offers a good framework for implementing the goals.

The rooms are flooded with light, clearly structured and clean and encourage our guests to relax quickly.

"It is so quiet, clean, familiar and beautiful here"

The house is not within walking distance of the camp, but in a 'normal' residential area. This means that the activities can take place undisturbed in the deliberately small, manageable groups. The guests register using a registration tool and are picked up from the camp and brought back again. **For 2024, we have the very practical goal** of reducing **the monthly costs for transfers and excursions by a few hundred euros by purchasing a minibus** (instead of renting one).

Over the course of the year, a **good neighborhood has** developed, which is demonstrated, among other things, by the fact that used, good quality clothing is constantly brought in for distribution.

Ariadni Lesvos – Partnerships, Donations, Fundings

Ariadni Lesvos is a long-term organization operating on Lesvos that relies on donations, grants, practical support and donations in kind. Unfortunately, we must assume that the need for our activities and their impact will continue for years to come.

Good partnerships, cooperations and networking with other actors are essential.

Ariadni is networked and in contact with a self-organized refugee group (women) in the **camp** as well as with the camp management, with **schools and the university of the island**, with the **Mythelini city administration** and with local and international organizations (e.g. The Hope Project, Siniparxi, Welcome Office, ...).

We thank all those who supported the work of **Ariadni Lesvos** in 2023 through their financial support:



www.hoffnung-leben-ev.org



www.showerpower.eu



www.gls-treuhand.de



www.solingen-hilft.de



many private individuals



www.schafga.be



www.nibelungen-realschule.de 9a/10a



Knitting teams Cadolzburg

THANKS!

Hoffnung leben supports us every month in a significant amount and in all our needs.

Shower power helps us with our monthly food needs and enabled us to buy warm clothes and necessary shoes during the cold winter.

GLS Treuhand was convinced by our environmental program “EcoKids” for school children and assumed a significant part of the costs.

Solingen hilft responded positively to our request for donations for winter clothing, good shoes and some good meals.

Nibelungenschule Braunschweig collected money for food during a week-long “fruit and chocolate treats” campaign – made by the students of class 9a (now 10a). Great!

Schafga.be and **the Cadolzburg knitting team** encouraged many women and some men to knit for a good cause. There is love and compassion in the needles. Thank you very much.

Many private **donors** have remained loyal to us despite the many crises and frightening developments or have joined us. Their donations have benefited many women and children. They really appreciate!

Situation in the camp and on the island

The number of arrivals was and still is high. The number of camp residents was usually between 5,000 and 6,000. Composition approximately:

33% children, 26% women, 41% men

67% Afghanistan, 13% Eritrea, 7% Syria, 5% Sudan, 2% Sierra Leone, 7% others

It seemed that when the number of people exceeded 5,000, the authorities organized transfers to camps on the mainland, which only temporarily reduced the overcrowding but did not solve it.

The situation in the camp deteriorated significantly. Families were forced to share the small "combos" with other families they had never met before. Up to 11 people had to somehow live together in these small "combos" (1 narrow door, 1 small ventilation hatch approx. 50x50cm). Most of them also had cooking facilities crammed in, as the food distributed was neither healthy nor tasty nor sufficient.

Portable toilets and showers are only available in the open area. Usually only cold water. And not all the time.

From around mid-2023, the Greek government stopped food distribution and financial support for everyone with a positive decision or after the 2nd rejection. These people then had to move into large, rotten tents that housed up to 100 people. Privacy protection was only makeshift. No heating. Very limited lighting, hardly any power sockets.

Larger NGOs on the island organized food distributions for those affected and tried to accommodate as many as possible in apartments in the city.

Thanks to private donations and support from Solingen hilft and Shower Power, Ariadni Lesvos was able to distribute food, thermos flasks, clothing and shoes.

If the guest studio in the house is free, it can be used temporarily for 1-3 people. For example, we made it available for 3 days to a refugee woman who had to undergo a colonoscopy. Preparing for this is impossible in the camp.

The camp administration began to force the bringing of to ban hot water boilers, heaters, etc. "Poor power grid / power outages / overload / fire hazard" "Too expensive". This increased the stress enormously in the cold winter months.

Ariadni Lesvos offers opportunities for mental and physical relaxation through its OUTSIDE camp activities, which is greatly appreciated.

Ariadni Lesvos also offers the opportunity to meet people from Europe and learn a little about the European way of life, about rights and responsibilities, opportunities and limitations through direct contact.

The EcoKids children can satisfy their hunger for education in an age-appropriate and playful way by learning a lot about one of the most important challenges of our time.

Refugees have long been a part of everyday life in the **island's capital, Mythelini**. There are no major problems between locals and refugees.

Of course, the islanders hope that no more refugees will come.

At the same time, the majority do not want the closed Vastria camp to open. This is located about 35 km from the capital in the middle of the largest contiguous forest on the island. Far away from the nearest village.

It was built illegally in a nature reserve and its opening was banned by the highest Greek court. The only access and exit road is too narrow to evacuate 5,000 people and to have enough fire engines in the event of a forest fire (which is very likely). The majority of the islanders are against this "prison of souls", as they call it, and expect Europe to distribute the camp fairly. It is unclear whether and when the camp will open despite everything.

Melina – Space for Women – Empowering Women

Our women's program is called **Melina**, named after Melina Mercouri, a famous Greek artist, politician and activist for women's rights. Her life can be a role model for an expanded understanding of female roles.



During 2023, the maximum number of guests on the mornings from Tuesday to Friday was increased from 6 to 8 women by switching from a 7-seater (rental car) to a 9-seater minibus (rental car). This means that the group size has been reached that still allows for individual contact, good communication and personal support. This enabled our responsible seamstress to support everyone when needed.

Demand remained high all year round and there were often waiting lists, also because many people wanted to come several times a week. Priority is always given to those women who have not yet been guests. In this way, we want to ensure that as many women as possible can enjoy the activities.

Over the course of the year, we were able to offer a more varied program thanks to volunteers. See "Melina – Creative Programs".

So that women really have a **break**, a *"time for me"*, and can concentrate on themselves and their interests, we ask to arrange for their children to be accommodated elsewhere during this time.

The location of Ariadni House is an advantage here. It is not within walking distance of the camp; family members cannot 'quickly drop by' and demand spontaneous fulfillment of wishes.



The quiet, relaxed and personal atmosphere is maintained and everyone has enough space to pursue their craft interests, chat or just find peace on the balcony. Everyone can relax and recharge their batteries for the loud, cramped camp with no privacy. ***"It's so quiet and clean here."***



To start the morning, we always serve a rich, delicious and healthy **breakfast**.

There is neither enough quantity nor even remotely healthy quality in the camp. In the cramped accommodation in the camp, there is only very limited opportunity to prepare meals yourself.



The 'luxury' of sewing a **personal item of clothing** from beautiful, new fabrics is very popular and also gives back a bit of dignity. There has long been a great shortage of donated clothing for age groups from around 7 years old.

That is why the women really value their self-sewn unique pieces.

They are happy to sew another piece of clothing to distribute in the camp.

In addition, clothes can also be washed, mended and embellished.



Melina – Sustainability

Sustainability is important to us! Nothing should be wasted! That's why we use short fabrics to sew things like children's clothing for distribution in the camp. We use our leftovers to make patchwork fabric for blankets or alter donated T-shirts or jogging pants in sizes XXXXXL to sizes S, M and L. Here we cooperate with "**The Hope Project**", from whom we receive the plus sizes for alteration. We then give the clothing back to "The Hope Project" for distribution.

Women from the camp can support this and receive shopping vouchers.



Melina – Creative and Health programs

Personal care – crafts – art – games – cooking – health ... relaxation, strengthening, recovery!

Our creative programs are temporary offers by volunteers who want to contribute their talents and preferences. Depending on the topic, content, needs and possibilities, we use half days or even weekends, when there are otherwise hardly any offers for the people in the camp.



In cooperation with **MSF** (Doctors Without Borders), for example, there has been an irregular offering since the second half of the year on topics such as women's health, contraception and family planning, violence against women, etc.

All programs are available as **shared activities and experiences** for everyone – **locals, refugees and island guests** – and **promote intercultural coexistence**.

Melina – Let's talk about ... Europe ...

Mainly on Saturdays, the program “ **Let's talk about...** ” offers around 15 women and teenage girls from different backgrounds the opportunity to meet, exchange ideas and get to know each other.

In 2023, this offer was always fully booked and often involved a waiting list for the next appointment.



The guests come into contact and exchange ideas over a delicious, plentiful brunch. We try to bridge language barriers by providing a translator.

Video clips, family photos, music and almost always dancing together are many different ways of getting to know each other.

The women and children quickly feel relaxed and forget their living conditions in the camp for a short time. They feel like they are “ **guests among friends** ”.



Refugees often have little idea of what awaits them in Europe and what their life might look like in a European country.



European women can expand and adapt their knowledge about living conditions, reasons for fleeing, life and culture in other countries.

Refugee women learn a lot about their future reality: democracy, rights, duties, customs, traditions, possibilities and opportunities, challenges and limitations.

The exchange of life stories of European women shows examples of different, **more diverse life plans** than are possible in many countries of origin - for example, that a woman can also live

unmarried, independently and alone and without children.

Unfortunately, this also includes the fact that women's rights still have to be fought for and defended here in Europe. Women can support each other and every culture can complement and enrich the existing one.

We **strengthen the self-confidence of girls and women** and encourage them to be more self-determined and self-confident. We encourage and support them to learn English or the language of the target country and to find out more about Europe.



The extremely stressful everyday life in the camp often makes this very difficult. Too loud, too cramped, too unpredictable. New traumas are added to old ones. The everyday worries are too great. Too little food, no privacy, hardly any education for the children, constant money worries, lack of medical care. Inhumane living conditions. Unpredictable and expensive asylum procedures.

Basically, we encourage you to discover similarities and differences.

It is important to us that diverse exchanges take place on an equal footing and that we do not lecture the refugees in a one-sided manner.

For each other – With each other – Shaping the future together

EcoLesvos – EcoKids

Climate change and environmental destruction are resulting in more and more refugees.



In addition, Lesvos, **like the entire region, is particularly affected by the effects of climate change.** Environmental protection has so far been implemented very little in Greece, which is evident, for example, in the amount of waste and the lack of waste separation.

Eco Lesvos is a long-term educational program with the aim of reducing **environmental pollution, especially plastic waste, and promoting more conscious use of resources such as water and energy.**

With the necessary approval from the Greek Ministry of Education, our environmental educator taught in 5 different classes at **Greek schools in the first half of 2023.** In the 2-month local **summer camp in 2023,** our environmental program was part of the holiday program for elementary school children. The costs for both programs were fully covered by Ariadni Lesvos.

Unfortunately, as promised funds from a third party did not arrive, we had to drastically reduce the offer from July onwards. For a few months there was no offer at the local schools; in the last quarter we were able to resume the offer at a Greek primary school, to everyone's delight.

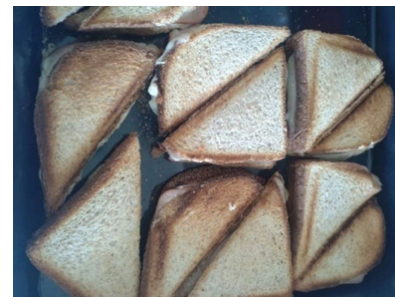
With the help of funding from **GLS Treuhand,** we were able to start offering activities for children from the camp in July. The **"EcoKids"** program was born and quickly developed into a popular and successful program.

The local Greek organization **Siniparxi** made its rooms available to us on two mornings because the rooms in Ariadni House were occupied. For organizational and practical reasons, after a few weeks we moved the classes to the afternoons and to Ariadni House.

The educational offering at the camp is minimal and only includes a few subjects. Our EcoKids also complain about the limited school offering and lose at least one school year due to the months-long waiting period.



The first few weeks of EcoKids were a test and practice phase. The aim was to adapt the offer to the children's particular needs. This included their enormous hunger, and we quickly switched to providing plenty of food before the actual lessons began. Politeness and friendly interaction can also be practiced at the table. The Ariadni House with its 'normal' living environment reminds us of appropriate behavior: such as using towels to dry hands instead of hastily shaking off the water, which is the only option in the camp.



Our **EcoKids are extremely inquisitive and eager to learn.** However, mainly due to the escape, the situation in the camp and probably various traumas, they often show deficits in concentration, discipline, knowledge and stamina. Therefore, we limit the group size to a maximum of 10 children. In the second quarter, we divided the children into age groups, each of which had its own dates and teaching methods. This allowed us to reduce the heterogeneity somewhat.

Due to the long flight and the long stay in the camp, almost all of the camp children speak Turkish, English and Greek in addition to their mother tongue. Nevertheless, an adult from the camp always supports us with **translation** (and learns about environmental protection at the same time 😊).



During the second half of the year there were more boys than girls in the camp. Therefore we often try to give priority to the girls. It is good to note that by the end of the year we had 2 translators (2 translators) to help us.

We emphasize the importance of education for girls and women as often as possible.

In the interest of privacy protection, we do not show faces – we ask for your understanding.



Through play, the children learn more about planet earth and that we humans are part of the entire ecosystem. We build a positive emotional connection and thereby strengthen the motivation for behavioral change, for example by taking trips into nature.

With our EcoKids T-shirts we reinforce their sense of belonging and importance, no matter where they live. They ARE IMPORTANT EVERYWHERE - to all of us! THAT is something that is systematically taken away from them (and the adults). We give it back to them!

The children learn and practice ways to avoid waste, separate waste, recycle and regenerate the environment. In this way, we also reduce the diffuse fears of the elusive threats of climate change and environmental destruction, which we all feel to a greater or lesser extent.

The **children are particularly open and eager to learn** and implement new things and do not find excuses, as is often the case with adults. Instead, they take great pleasure in 'educating' their entire family to do more for the environment and thus for the future.



Unfortunately, there are only limited possibilities for implementation in the camp.

However, what they learn is good preparation for moving to another European country where there are many environmental protection regulations for everyday life. The children and families then already have prior knowledge that they can quickly implement.

After at least 3 months of regular **participation, both the children and the translators will receive a certificate** in German and English, which they will hopefully find useful.

Looking back, we can classify the **EcoKids offer as a complete success.**

The environmental educator has done an exceptionally good job of adapting the teaching material to the needs. We deal with the frequent changes in the group composition and the different requirements with a modular system of, for example, playful elements, teaching videos and adapted theoretical content.

The success and popularity can be deduced from the fact that parents want to send their children as often as possible - several times a week - and the children themselves urge them to attend more often. It often happened that they came to the bus 'on a whim' in the hope of still being able to go. And there were tears when it didn't work out 😞.



Our planning for 2024 depending on available budget:

So far, it is mainly Afghan, sometimes Iranian children who are taking part in the classes. People from Afghanistan are the largest group in the camp and we have had the best contact and access to this group for years. We are gaining new members through positive word of mouth within the Afghan group.

We are also aiming to have a class for **African or Arab children, for example.**

We would love to welcome **Greek children into every class.** This has not been possible so far due to the hesitation of Greek parents. One possible solution could be to initially offer a class for Greek children and then mix the groups, for example on excursions.

We can also imagine another class at a **Greek school.**

We would also like to offer environmental education to **women** from the camp as part of our "Let's talk about Europe" program.



Island Excursions

Lesvos is **Greece's third largest island**, located near the Turkish coast of Asia Minor, and can be considered a unique holiday destination that has so far been spared from mass tourism. Nevertheless, tourism is the most important source of income alongside ouzo, olive oil and feta cheese. The mountainous island has something unique to offer with its varied landscape and breathtaking views.



Due to the large number of refugees, tourists have stayed away. Many **locals have become destitute** as a result. However, very few people blame the refugees for this. They **feel abandoned by the government in Athens and especially by Europe**.



Ariadni Lesvos sees itself as an organization whose activities are also available to the locals, in order to enable a kind of reconciliation with the situation. Locals can experience the **uninvited guests as fellow human beings** and not as a threat.

We show refugees that Greece is not a prison camp, but has **many sights and beauties to offer. They can also experience the famous Greek hospitality**.

The excursions are **"rays of hope"** for **manageable groups of around 16 guests** (mostly women with their children), which are not perceived as threatening by islanders in this size. Information about sights can be conveyed and discussed more easily in small groups and contact between people of different origins can be better moderated. Experience beautiful and relaxing things together, talk, laugh, enjoy, get healthy.

People's hunger is very clearly evident: the hunger for (good) food, the hunger for variety, the hunger for education, the hunger for beauty.

"Why do you always take so many photos and videos?"

"Everything is so beautiful here!

And there is nothing beautiful in the camp!"



The demand for the excursions was huge and there were always waiting lists. Separate excursions were undertaken with the EcoKids. We hope to be able to offer more in 2024.



Camp Emergency Aid



It is now well known that the **food in the camp** does not provide the necessary number of calories or enough healthy ingredients. The food is often spoiled and rarely tasty. Most people in the camp show **symptoms of vitamin and mineral deficiencies**.

Only one food ration is distributed per day and people have to stand in line for hours.



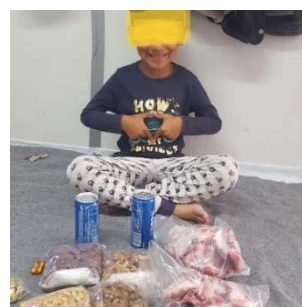
Since a decision by the Greek government a few months ago, people who have been rejected for the second time or who have been granted a positive decision have been immediately excluded from all food supplies. They also no longer receive any money. Several hundred people are affected. Many of them are children.

Poverty, hunger and hopelessness spread.



The requests for **food** are therefore piling up. The impressive campaign by the 9th grade of the Braunschweig Nibelungenschule in 2022 resulted in 1000 euros, which we were able to distribute to many families as a shopping budget. **THANK YOU !**

This meant that little Khaled was able to be discharged from the hospital a little earlier, where he was being treated for nutritional deficiencies.



We were recently able to surprise our EcoKids families with a **large bag of groceries**. Thanks to Isabel from Finland, who collected from friends and acquaintances.

2 people from the camp translate for the EcoKids, 1 woman processes our fabric scraps into patchwork fabrics - sustainable 'upcycling'. 'Wages for work' are **shopping vouchers**, which are not perceived as alms for once.



We also use the support of **Shower Power**, for example, to procure healthy and tasty food. **THANKS TO YOU!**

And sometimes we were able to distribute clothing with the help of private surprise packages.

In December we were able to, thanks to **Solingen hilft**, **ShowerPower** and **Hoffnung leben** buy much needed shoes.

Demand will remain high. We are pleased to be able to cover at least part of it.



The Team

The team consists of 3 permanent part-time employees. Ursula Zednicek, founder and manager of Ariadni Lesvos, works on a voluntary basis.

In addition, international volunteers provide temporarily support.



Ursula Zednicek, D

100% voluntary work;
Founder, management,
organization, administration,
public relations, lectures,
accounting, finances, donations,
grants, and much more
Let's talk about, Excursions
EcoKids, creative programs



Anna, GR

Environmental educator,
employee
EcoLesvos Responsible
EcoKids for Camp Children
EcoKids in Greek schools EcoKids
and Greek summer holiday
camp, multicultural
EcoKids Excursions



Madina, AFG

Seamstress
employee
Melina Women's Activities
Support clothing manufacturing
'Upcycling' fabrics and clothing
Let's talk about catering



Stelios, GR

Transfers, shopping,
organization of excursions,
repairs and much more

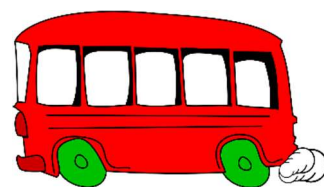
In the first half of the year we handle the transfers of the women (with laundry, strollers/babies) and our EcoKids with 2 cars with 7 seats each. One of them is a private car, the other is a long-term rental. In the second half of the year we switched to a 9-seater minibus, so the private car was used less.

A 9-seater fits our group sizes perfectly.

However, renting is not economical. That is why we urgently need a minibus with which we can manage the necessary transfers more economically;

A long-term rental costs 820 euros / month.

A purchase (> €20,000) seems more sensible to us. We can only manage this with funding.



We would like to thank the volunteers for their creative, organizational and other support and look forward to seeing you again and to more volunteers in 2024. Without volunteers, our options would be much more limited.

Thanks also to the employees who provide a reliable and familiar environment for our guests, who can therefore reach such an important recovery phase much more quickly.

Ariadni Lesvos and Sustainability

Everyone is talking about sustainability...

The topic has now reached almost all companies, offices and organizations, and the implementation of the 17 UN sustainability goals is being given increasing importance.

For **Ariadni Lesvos** as well as for the organization **Hoffnung leben**, the “17 SDG GOALS” are part of the DNA, so to speak.

BECAUSE the grievances behind the 17 destinations are major causes of flight.

All of our opportunities for action are needed and even the smallest initiatives should not be underestimated.

Hoffnung leben and **Ariadni Lesvos** contribute to these goals wherever and however possible, in accordance with our statutes. See below.

Below are examples from **Ariadni Lesvos**.



1) End poverty in all forms and everywhere.

Ariadni Lesvos works with employees from different countries who are paid fairly and can therefore earn their own living.

2) End hunger, achieve food security and better nutrition and promote sustainable agriculture.

Ariadni offers rich, healthy and tasty food. Salads and fruit, dried fruit and nuts are included. As often and as extensively as possible, we also facilitate individual shopping for people in particular need in the camp, food packages or shopping vouchers.

3) Ensuring a healthy life for all people of all ages and promoting their well-being.

Ariadni follows a high standard of hygiene in the Ariadni House and promotes the well-being of guests in a safe, quiet and beautiful environment with all of its services.

What looks like 'just' sewing, doing laundry, handicrafts, breakfast/brunch or an excursion is so much more. It's about human dignity, a little bit of self-determination, doing things yourself, satisfying the hunger for beauty, being noticed... in technical jargon this is called: MHPSS = mental health and psycho-social support. Health in the broadest sense according to the WHO definition.

4) Ensuring inclusive, fair and quality education and promoting lifelong learning opportunities for all.

The Ariadni Eco Lesvos education program provides knowledge and opportunities for action in the areas of environmental protection, sustainability, saving resources, etc.

Education for everyday life. Education for the future.

- 5) Achieve gender equality and self-determination for all women and girls.**
Ariadni Lesvos informs and encourages female refugees to think about their wishes and their new opportunities in Europe. The "Let's talk about..." offer provides an opportunity for questions and answers, for information about customs and traditions, laws, opportunities and challenges in Europe. Ariadni Lesvos encourages and empowers girls and women.
- 6)** Ensure availability and sustainable management of water and sanitation for all.
 -/-
- 7)** Ensure access to affordable, reliable, sustainable and modern energy for all.
 -/-
- 8)** long-term, inclusive and sustainable economic growth, **productive full employment and decent work for all.**
Ariadni Lesvos takes great care to ensure that employees adhere to healthy working hours and do not neglect rest. Strengthening and further learning are encouraged. The work content is designed together and as much personal responsibility as possible is made possible. Ariadni Lesvos wants happy and satisfied employees who can then support our guests in the best possible way. Ariadni Lesvos would very much like to offer long-term employment contracts. However, this also depends on long-term, plannable financial support, which is not yet available to the desired extent. This is particularly regrettable because demand and need for all services is very high.
- 9)** Build resilient infrastructure , promote inclusive and sustainable industrialisation and support innovation.
 -/-
- 10)** Reduce inequality within and between countries.
 -/-
- 11)** Making cities and settlements inclusive, safe, resilient and sustainable.
 -/-
- 12) Ensure sustainable consumption and production patterns.**
Ariadni Lesvos uses its Eco Lesvos program to provide information about environmental and climate issues in schools and in Ariadni House as part of the "Let's talk about ..." program. This also promotes understanding of the many causes of flight. Practical options for changing behavior are taught. For example: cloth bags instead of plastic bags and much more.
- 13) Take urgent action to combat climate change and its impacts,** recognizing that the UNFCCC (United Nations Framework Convention on Climate Change) is the central international, intergovernmental forum for negotiating the global response to climate change.
Ariadni Lesvos – Eco Lesvos Programs so
- 14) Conserve and sustainably use oceans, seas and marine resources for sustainable development.**
Ariadni Lesvos – Eco Lesvos Programs
- 15) Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, halt and reverse land degradation and halt biodiversity loss.**
Ariadni Lesvos – Eco Lesvos programs
- 16) Promote peaceful and inclusive societies in the spirit of sustainable development,** provide access to justice for all and build effective, accountable and inclusive institutions at all levels.
Ariadni activities are open to everyone. Refugees, locals, island guests. Regardless of origin.
- 17)** Strengthen implementation resources and revitalize the global partnership for sustainable development.